Mental health treatment plan

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1. Assessment and priorities

Client identifier, setting and plan dates

Clinician, role and assessment source

Assessed concerns, diagnosis or formulation, and functional impact

Client priority and longer-term goal

Strengths, preferences and access needs

Participation, choices and areas of disagreement

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2. Objectives and planned work

Objective 1: baseline, target, timeframe and evidence source

Objective 2: baseline, target, timeframe and evidence source

Clinician interventions, rationale, provider and planned service schedule

Client actions, barriers and agreed support

Coordination, permissions, task owners and status

Safety assessment, response plan and earlier-review route

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3. Review, decisions and agreement

Review dates, responsible clinician and information to bring

Review findings: source, dates, objective status and client view

Decision, rationale, changes and next checkpoint

Transition or discharge criteria and outstanding needs

Agreement, copy provided and clinician authentication